

FLASH Lessons – Fact Sheet DeKalb County School District ~ Middle School

6th Grade Lesson Descriptions:

Curriculum	Lesson Title	Description
FLASH 4/5/6	Pre-Test & Introductory Class	Unit introduction; establish group agreements; explore FLASH prevention messages, introduce anonymous question box
FLASH 4/5/6	Self-Esteem & Friendship	Defining self-esteem and identifying situations that build self-esteem
FLASH 4/5/6	Decision- Making	Understanding the importance of decision-making in sexuality; learning the difference between an “active” decision and a “passive” decision.
FLASH 4/5/6	Sexual Exploitation - Day 1	Differentiates healthy and safe touch from unsafe touch and explains to teens what to do if they or someone they know is being sexually exploited (abused).
FLASH 7/8	Puberty	Focuses on the various types of changes teenagers experience during puberty.
FLASH 7/8	Reproductive System & Pregnancy	Review external and internal reproductive organs of the male and female reproductive systems; describe process related to pregnancy.
FLASH 7/8	Gender Identity and Sexual Orientation	Students learn the importance of identity and feeling positively about themselves; review the differences between sexual orientation and gender identity; support others in feeling pride about their identities.
FLASH 7/8	Communication: The Basics	Focuses on distinguishing between passive, aggressive, manipulative and assertive language and behavior.
FLASH 4/5/6	HIV/AIDS: Year 2, Day 1	Focuses on explaining basic information about the HIV virus and the risk behaviors that put teens at risk for HIV.
FLASH 7/8	Review & Posttests	Anonymous Question Box (final Q&A session)

Recommendations for 7th Grade

Curriculum	Lesson Title	Notes/Materials Needed
FLASH 7/8	Pre-Test & Introductory Class	Unit introduction; establish group agreements; explore FLASH prevention messages, introduce anonymous question box
FLASH 7/8	Sexual Health & Hygiene	Focuses on keeping an adult body clean and free from infection; learn which hygiene products are helpful, and which are potentially harmful and the importance of bathing daily
Optional Lesson	Decision-Making Video Clips: What Would You Do?	This is an alternative lesson recommended by GCAPP; Understanding the importance of decision-making in sexuality; learning the difference between an “active” decision and a “passive” decision
FLASH 7/8	Preventing STDs	Describe key concepts about common STDs and HIV, develop a convincing argument about preventing STDs to share with others; review benefits of condoms; goal-setting regarding condom use
FLASH 7/8	Reproductive System & Pregnancy	Review external and internal reproductive organs of the male and female reproductive systems; describe process related to pregnancy
FLASH 7/8	Saying No	Define abstinence and learn steps to effective refusal; practice the refusal skills through role-play
FLASH 7/8	HIV/AIDS: Basic Facts	Explaining basic information about the HIV virus
FLASH 7/8	HIV/AIDS: Understanding Risk Behaviors	Identifying which behaviors put teens more at risk for contracting HIV
FLASH 7/8	Review & Posttests	Anonymous Question Box (final question and answer session)



Recommendations for 8^h Grade

Curriculum	Lesson Title	Notes/Materials Needed
FLASH 7/8	Pre-Test & Introductory Class Quick review of Reproductive System	Unit introduction; establish group agreements; explore FLASH prevention messages, introduce anonymous question box; review external and internal reproductive organs of the male and female reproductive systems
FLASH 7/8	Preventing STDs	Describe key concepts about common STDs and HIV, develop a convincing argument about preventing STDs to share with others; review benefits of condoms; goal-setting regarding condom use
FLASH 7/8	Rules of Dating	Establish a common set of rules to guide teen dating behaviors that would result in healthier relationships
Common Sense Media	Sexting Lesson	This is a non-FLASH lesson recommended by GCAPP – can be found online; brainstorm ways to avoid sexting and to use digital technologies responsibly in romantic relationships
FLASH 7/8	Birth Control Methods	Review various forms of birth control and their characteristics
FLASH 7/8	Communication: Saying “No” and Communication: Defending Your Rights	Define abstinence and learn steps to effective refusal; practice the refusal skills through role-play; focuses on teaching young people how to create an assertive defense in situations where they are feeling uncomfortable or violated
FLASH 7/8	HIV/AIDS: Influence of Alcohol and Other Drugs HIV/AIDS: Understanding Risk Behaviors	Focuses on highlighting the ways using alcohol and other drugs can impact decision making and HIV risk; identifying which behaviors put teens more at risk for contracting HIV
FLASH 7/8	HIV/AIDS: Rights & Responsibilities	Focuses on reviewing knowledge about HIV and applying it to scenarios
FLASH 7/8	Review & Posttests	Anonymous Question Box (final question and answer session)

